

12 Week Post-Op Evaluation (Ortho)

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X-Ray Results:

- The x-ray revealed that the bone has healed.
- Additional healing of the bone needs to take place. Therefore, exercise still needs to be limited for _____ weeks.

Exercise:

- The sling is no longer needed.
- Your pet is only allowed to go outdoors for elimination purposes and must be kept on a leash for one more month.
- Over the next month, gradually increase the length of the walks to a normal level.
 - **Gradually increase walks by adding 5 minutes to the length each week until the normal length of a walk is reached.
- Jumping, running and playing with other pets is permitted on a supervised basis with a gradual increase over the next one month. Your pet can get on or off a bed or sofa at this time.
- Exercise must be limited for _____ weeks. (Note: Athletes should not return to strenuous activities until five to six months after surgery.)

Rehabilitation Therapy

- No additional therapy is needed.
- Continue range of motion exercises for one more month.
- Additional exercises were discussed. Please call if you have questions or concerns.

Follow up Evaluations:

- No additional evaluations are needed unless your pet develops a problem with the operated limb.
- Make an appointment to have an evaluation in 4-6 weeks.